



## CAPABILITY STATEMENT



**First Aid & Safety**

Training Australia for a better future



## WHO IS CQ FIRST AID AND SAFETY TRAINING?

CQ First Aid & Safety Training is a local company that has been delivering quality training to the Gladstone and Central Queensland area since 2004. We are a Registered Training Organisation (RTO) who works with its clients to provide training programs to satisfy specific requirements and implement tailored systems for companies to ensure ongoing effective management of Workplace Health & Safety, pre-hospital emergency care, confined space, safe work at heights, 4 wheel drive vehicle techniques and fire emergency response.

### WHAT DO WE OFFER?

CQ First Aid and Safety Training specialise in the delivery of nationally accredited courses including:

- First Aid Training
- Confined Space Training
- Driver Training
- Fire Training
- 4x4 Training
- Work Safely at Heights Training

### WHERE ARE WE LOCATED?

With our Training Centre in Gladstone QLD, we have an extensive network of trainers and partners who can deliver our courses throughout Central Queensland.

We can deliver to individuals and specialise in group bookings with competitive industry rates.



*"Paul is an expert in the world of OHS related training and has a proven track record and his operational experience and knowledge speaks for themselves. The quality training he provides makes Paul stand out from the crowd and within the training industry. These attributes make him a safety trainer of the highest caliber, at ease in the workplace or in the training room. A rare combination."*

**Leslie Simpson** (HSE Advisor @ Leighton Contractors)

## OUR ACCREDITATION

CQ First Aid and Safety Training is a Registered Training Organisation - National Provider Number 32398.

We have a demonstrated ability to meet the training quality indicators: Learner Engagement, Employer Satisfaction and Competency Completion.

## RTO INFORMATION

All training units are approved, nationally accredited and recognised throughout Australia.

- 5 Qualified Trainers
- 2 Training Rooms
- Confined Space/Height Safety Training Unit
- Advanced Health Training Equipment
- Gas Detection Equipment

## CQ FIRST AID & SAFETY TRAINING MISSION STATEMENT

Our mission is to provide quality training and assessment services and to prepare our clients for a fulfilling professional career. We are committed to upholding our values of providing excellence in training.

## COURSE DETAILS

As a Registered Training Organisation CQ First Aid and Safety Training deliver a wide range of nationally recognised courses. We specialise in the delivery of First Aid, Confined Space, Fire Training, 4x4 Training and Working Safely at Heights training courses.

Upon completion each participant will receive a Statement of Attainment/ Attendance.



### FIRE TRAINING

#### OPERATE BREATHING APPARATUS OPEN CIRCUIT

**Code:** PUARFIR207B

**Duration:** 8 hours

#### DEMONSTRATE FIRST ATTACK FIREFIGHTING EQUIPMENT

**Code:** CPPFES2005A

**Duration:** 2 hours

#### FIRE WARDEN & EVACUATION TRAINING (NON-ACCREDITED)

**Duration:** 2 hours



### WORK SAFELY AT HEIGHTS

#### WORK SAFELY AT HEIGHTS - PREVIOUSLY RIIOHS204A

**Code:** RIIWHS204D

**Duration:** 7 hours





*"Paul delivers his RTO training packages with above average results. His company CQ First Aid is professional and delivers a product that exceeds our expectations. His flexibility in meeting our site requirements is very much appreciated."*

**Chris Keehn**

(Managing director Central  
QLD Training & Safety)

## LOW VOLTAGE RESCUE/CPR (COMBINED COURSE)

**PERFORM RESCUE FROM A  
LIVE LV PANEL**

**Code:** UETDRRF06B

**Duration:** 2 hours

**PROVIDE CARDIOPULMONARY  
RESUSCITATION - PREVIOUSLY  
HLTCPR211A**

**Code:** HLTAID001

**Duration:** 2 hours



*"Highly recommended,  
high quality in all training  
and consulting."*

**Matthew Davis**  
(Mobile Plant Operator at  
Moorvale Earthmoving)

## CONFINED SPACE

**ENTER AND WORK IN CONFINED  
SPACES - PREVIOUSLY RIIOHS202A**

**Code:** RIIWHS202D

**Duration** 8 hours

**ISSUE WORK PERMITS (HOT  
WORK/CONFINED SPACE)**

**Code:** MSAPMPER300C

**Duration** 8 hours

**GAS TEST ATMOSPHERES**

**Code:** MSAPMOHS217A

**Duration** 6 hours

**ENTER CONFINED SPACE**

**Code:** MSAPMPER205C

**Duration** 8 hours

**WORK IN ACCORDANCE WITH AN  
ISSUED PERMIT**

**Code:** MSAPMPER200C

**Duration** 8 hours

**MONITOR AND CONTROL WORK  
PERMITS**

**Code:** MSAPMPER201A

**Duration** 8 hours





## FIRST AID

### PROVIDE CARDIOPULMONARY RESUSCITATION - PREVIOUSLY HLTCPR211A

**Code:** HLTAID001

**Duration:** 2 hours

### PROVIDE FIRST AID - PREVIOUSLY HLTAFA311A

**Code:** HLTAID003

**Duration:** 8 hours

### PROVIDE ADVANCED RESUSCITATION TECHNIQUES

**Code:** HLTAID007

**Duration:** 8 hours

### PROVIDE ADVANCED FIRST AID

**Code:** HLTAID006

**Duration:** 8 hours

### MANAGE FIRST AID SERVICES AND RESOURCES

**Code:** HLTAID008

**Duration:** 8 hours

### PROVIDE AN EMERGENCY FIRST AID RESPONSE IN AN EDUCATION AND CARE SETTING

**Code:** HLTAID004

**Duration:** 10 hours



## 4X4 TRAINING

### OPERATE VEHICLES IN THE FIELD

**Code:** PMASUP236B

**Duration:** 8 hours

### OPERATE & MAINTAIN A FOUR WHEEL DRIVE VEHICLE

**Code:** RIIVEH305A

**Duration:** 8 hours

## DRIVER TRAINING

### DRIVE VEHICLES UNDER OPERATIONAL CONDITIONS - NON ACCREDITED

**Duration:** 8 hours



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## CQ FIRST AID AND SAFETY TRAINING

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